**Montgomery Montessori School**

**Infant Daily Routine in Hello World Class**

**8 Weeks - 18 Months**

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| **Daily Schedule****8:30 - 9:00am Breakfast/Morning Snack****9:00 - 9:30am**  **Exploring Time****9:30 - 10:30am Nap Time****10:30 - 11:00am Small Group Activities****11:00 - 11:30am Music and Movement****11:30 - 12:00pm Lunch Time****12:30-1:30pm Nap Time** **1:30-2:00pm Outdoor Time - Stroller or Walk - weather permitting****2:00 - 2:30pm Afternoon Snack****3:00 - 4:00pm Quiet Time/Afternoon Nap****4:30 - 5:00pm Story Time/Floor Time****5:00 - 5:30pm Music/Singing** | **Exploring Time:**Always on the go, babies will get the chance to explore their environment and build their motor skills.**Small Group Activities:**This segment will provide opportunities for social interaction, language, enrichment, transition and planning though a variety of motor and sensory activities.**Music and Movement:**Help children learn many skills such as balance, coordination, rhythm, and body awareness. It is also an important tool for developing self-esteem and confidence. **Outdoor Play:**This segment is important to children’s development of independence and autonomy and will have lasting positive effects on children’s physical, cognitive, emotional and social development.**Story Time:**This segment will enhance language development, listening skills, self expression and attention span.\*\* Please note Montessori follows the child. This schedule is flexible and intended to give an overview of your child’s day. |